## **MENTAL HEALTH NURSING - II**

**PLACEMENT:** VI SEMESTER

**THEORY:** 1 Credit (40 Hours)

**PRACTICUM**: Clinical: 2 Credits (160 Hours)

**DESCRIPTION:** This course is designed to provide the students with basic understanding and skills essential to meetpsychiatric emergencies and perform the role of community mental health nurse.

**COMPETENCIES:** On completion of the course, the students will be able to

- 1. Apply nursing process in providing care to patients with substance use disorders, and personality and sexual disorders.
- 2. Apply nursing process in providing care to patients with behavioural and emotional disorders occurring duringchildhood and adolescence.
- 3. Apply nursing process in providing care to patients with organic brain disorders.
- 4. Identify and respond to psychiatric emergencies.
- 5. Carry out crisis interventions during emergencies under supervision.
- 6. Perform admission and discharge procedures as per MHCA 2017.
- 7. Explore the roles and responsibilities of community mental health nurse in delivering community mental health services.

## **COURSE OUTLINE**

## T – Theory

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/Learning Activities	Assessment Methods
I	6 (T)	Describe the etiology, psychodynamics, clinical manifestations, diagnostic criteria and management of patients with substance use disorders	Nursing Management of Patients with Substance Use Disorders  Prevalence and incidence  Commonly used psychotropic substance: classifications, forms, routes, action, intoxication and withdrawal  Psychodynamics/etiology of substance use disorder (Terminologies: Substance Use, Abuse, Tolerance, Dependence, Withdrawal)  Diagnostic criteria/formulations  Nursing Assessment: History (substance history), Physical, mental assessment and drug and drug assay  Treatment (detoxification, antabuse and narcotic antagonist therapy and harm reduction, Brief interventions, MET, refusal skills, maintenance therapy) and nursing management of patients with substance use disorders  Special considerations for vulnerable population  Follow-up and home care and rehabilitation	<ul> <li>Lecture cum discussion</li> <li>Case discussion</li> <li>Case presentation</li> <li>Clinical practice</li> </ul>	<ul> <li>Essay</li> <li>Short answer</li> <li>Assessment of patient management problems</li> </ul>
II	6 (T)	Describe the etiology, psychodynamics, clinical manifestations, diagnostic criteria and management of patients with personality, and sexual disorders	Nursing Management of Patient with Personality and Sexual Disorders  Prevalence and incidence  Classification of disorders  Etiology, psychopathology, characteristics, diagnosis  Nursing Assessment: History, Physical and mental health assessment  Treatment modalities and nursing management of patients with personality, and sexual disorders  Geriatric considerations  Follow-up and home care and rehabilitation	<ul> <li>Lecture cum discussion</li> <li>Case discussion</li> <li>Case presentation</li> <li>Clinical practice</li> </ul>	<ul> <li>Essay</li> <li>Short answer</li> <li>Assessment of patient management problems</li> </ul>
Ш	8 (T)	Describe the etiology, psycho- pathology, clinical manifestations, diagnostic criteria and management of childhood and adolescent disorders including mental deficiency	Nursing Management of Behavioural & Emotional Disorders occurring during Childhood and Adolescence (Intellectual disability, autism, attention deficit, hyperactive disorder, eating disorders, learning disorder)  • Prevalence and incidence  • Classifications  • Etiology, psychodynamics, Characteristics, diagnostic criteria/formulations	<ul> <li>Lecture cum discussion</li> <li>Case discussion</li> <li>Case presentation</li> <li>Clinical practice</li> </ul>	<ul> <li>Essay</li> <li>Short answer</li> <li>Assessment of patient management problems</li> </ul>

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/Learning Activities	Assessment Methods
			Nursing Assessment: History, Physical, mental status examination and IQ assessment		
			Treatment modalities and nursing management of childhood disorders including intellectual disability		
			Follow-up and home care and rehabilitation		
IV	5 (T)	Describe the etiology, psycho- pathology, clinical manifestations,	Nursing Management of Organic Brain Disorders (Delirium, Dementia, amnestic disorders)	<ul> <li>Lecture cum discussion</li> <li>Case discussion</li> <li>Case presentation</li> <li>Clinical practice</li> </ul>	<ul><li>Essay</li><li>Short answer</li><li>Assessment of patient</li></ul>
		diagnostic criteria	Prevalence and incidence		
		and management of organic brain	Classification		management
		disorders.	<ul> <li>Etiology, psychopathology, clinical features, diagnosis and Differential diagnosis</li> </ul>		problems
			Nursing Assessment: History, Physical, mental and neurological assessment		
			Treatment modalities and nursing management of organic brain disorders		
			<ul> <li>Follow-up and home care and rehabilitation</li> </ul>		
V	en	Identify psychiatric emergencies and carry out crisis	Psychiatric Emergencies and Crisis Intervention	discussion	<ul><li> Short answer</li><li> Objective type</li></ul>
		intervention	Types of psychiatric emergencies (attempted suicide, violence/ aggression, stupor, delirium tremens and other psychiatric emergencies) and their managements	Case discussion	
				<ul><li> Case presentation</li><li> Clinical practice</li></ul>	
			Maladaptive behaviour of individual and groups, stress, crisis and disaster(s)		
			• Types of crisis		
			Crisis intervention: Principles, Techniques and Process		
			- Stress reduction interventions as per stress adaptation model		
			- Coping enhancement - Techniques of counseling		
VI	4 (T)	Explain legal		Lecture cum	Short answer
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		mental health settings and role of	Mental Health Act 1987		
		the nurse	(Protection of Children from Sexual Offence) POSCO Act		
			Mental Health Care Act (MHCA) 2017		
			Rights of mentally ill clients		
			Forensic psychiatry and nursing		
			Acts related to narcotic and psychotropic substances and illegal drug trafficking		

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/Learning Activities	Assessment Methods
			<ul> <li>Admission and discharge procedures as per MHCA 2017</li> <li>Role and responsibilities of nurses in implementing MHCA 2017</li> </ul>		
VII	5 (T)	Describe the model of preventive psychiatry  Describe Community Mental health services and role of the nurse	<ul> <li>Community Mental Health Nursing</li> <li>Development of Community Mental Health Services:</li> <li>National mental health policy viz. National Health Policy</li> <li>National Mental Health Program</li> <li>Institutionalization versus Deinstitutionalization</li> <li>Model of Preventive psychiatry</li> <li>Mental Health Services available at the primary, secondary, tertiary levels including rehabilitation and nurses' responsibilities</li> <li>Mental Health Agencies: Government and voluntary, National and International</li> <li>Mental health nursing issues for special populations: Children, Adolescence, Women Elderly, Victims of violence and abuse, Handicapped, HIV/AIDS etc.</li> </ul>	<ul> <li>Lecture cum discussion</li> <li>Clinical/ field practice</li> <li>Field visits to mental health service agencies</li> </ul>	<ul> <li>Short answer</li> <li>Objective type</li> <li>Assessment of the field visit reports</li> </ul>

## CLINICAL PRACTICUM – 2 Credits (80 hours)

Clinical Practicum for Mental Health Nursing - I & II are given under Mental Health Nursing - I Clinical Practicum